



**Student Health Advisory Council
Edgewood ISD**

Mission – Edgewood ISD provides an exceptional learning experience that engages, empowers, and prepares students to compete and reach their highest potential in an ever-changing World.

SHAC Meeting Agenda
Wednesday, November 30, 2022
District Conference Center
11:30 a.m. – 1:00 p.m.

ITEMS FOR DISCUSSION		
Agenda Topic	Time	Notes
A. EHAA (LEGAL) - Basic Instructional Program: Required Instruction (All Levels) - Student Health Advisory Council Duties	20 minutes	Purpose: Review policy EHAA (LEGAL) - Basic Instructional Program: Required Instruction (All Levels) - School Health Advisory Council - Duties.
<p>Notes:</p> <p>School Health Advisory Council A board shall establish a local school health advisory council (SHAC) to assist the district in ensuring that local community values are reflected in the district's health education instruction. <u>Education Code 28.004(a)</u> [See BDF regarding composition of the SHAC and FFA regarding federal wellness requirements.]</p> <p>Duties The SHAC's duties include recommending:</p> <ol style="list-style-type: none"> 1. The number of hours of instruction to be provided in: <ol style="list-style-type: none"> a. Health education in kindergarten through grade 8; and b. If the district requires health education for high school graduation, health education, including physical health education and mental health education, in grades 9 through 12. 2. Policies, procedures, strategies, and curriculum appropriate for specific grade levels designed to prevent physical health concerns, including obesity, cardiovascular disease, Type 2 diabetes, and mental health concerns, including suicide, through coordination of: <ol style="list-style-type: none"> c. Health education, which must address physical health concerns and mental health concerns to ensure the integration of physical health education and mental health education; d. Physical education and physical activity; e. Nutrition services; f. Parental involvement; 		

- g. Instruction on substance abuse prevention;
 - h. School health services, including mental health services;
 - i. A comprehensive school counseling program under Education Code 33.005 [see FFEA];
 - j. A safe and healthy school environment; and
 - k. School employee wellness;
3. Appropriate grade levels and methods of instruction for human sexuality instruction;
 4. Strategies for integrating the curriculum components specified by item 2, above, with the following elements in a coordinated school health program:
 - l. School health services, including physical health services and mental health services, if provided at a campus by the district or by a third party under a contract with the district;
 - m. A comprehensive school counseling program under Education Code 33.005 [see FFEA];
 - n. A safe and healthy school environment; and
 - o. School employee wellness;
 5. If feasible, joint use agreements or strategies for collaboration between the district and community organizations or agencies. Any agreement entered into based on a recommendation of the SHAC must address liability for the district and community organization;
 6. Strategies to increase parental awareness regarding:
 - p. Risky behaviors and early warning signs of suicide risks and behavioral health concerns, including mental health disorders and substance use disorders; and
 - q. Available community programs and services that address risky behaviors, suicide risks, and behavioral health concerns.
 7. Appropriate grade levels and curriculum for instruction regarding opioid addiction and abuse and methods for administering an opioid antagonist; and
 8. Appropriate grade levels and curriculum for instruction regarding child abuse, family violence, dating violence, and sex trafficking, including likely warning signs that a child may be at risk for sex trafficking, provided that the local SHAC's recommendations under this provision do not conflict with the essential knowledge and skills developed by the State Board of Education.

Education Code 28.004(c), (n)

DELIVERABLE:

[EHAA \(LEGAL\)](#) - Basic Instructional Program: Required Instruction (All Levels)

[EHAA \(LOCAL\)](#) - Basic Instructional Program: Required Instruction (All Levels)

B. [District Wellness Overview](#)

45
minutes

Purpose: To share an overview of the District Wellness programs from the lens of guidance and counseling.

Notes:

Jorge Garcia –Director of Guidance and Counseling

- Learning Objectives.
- We are Helpers first –
 - 9 social workers that support us here. Social workers will follow up with parents.
 - 4 Social Emotional Learning Counselors (SEL)
 - 3 Department leaders to support our students, counselors and social workers.
 - 1 District -For every child, success in life.

- Mission to provide exceptional support and guidance for success. Some welders end up owing and hiring.
- Counselors today. Impacted measured in feelings. Ancillary role for school improvement process.
- Counselors are proactive and available to any student.
- Impact in attendance and behavior data.
- Essential role in the school improvement process
- School counselors as school leaders
- Texas Model for comprehensive school counseling program
- American School Counselor Association
- Education Service Center Region 20. -TEA pulling counselors to help out at Uvalde.
- We serve students! We are advocates. We serve families, community teachers and staff.
- Counseling Services –
- Agency Resources – work with a student and agency resources and partnerships. (San Antonio Mobile Mental Wellness) agency we call a wrap around agency. They work with the family for free. Mr. Chavez- how does one get a referral for this? How to get information on this as a student?
Mr. Garcia - A counselor will seek student to see if they need further assistance and send out a referral. Online there is a form under parents/students. Links in webpage.
Family Service is assigned to Edgewood district and get a bulk of services. Counseling in the San Pedro location and open on Saturdays.
Community Member: with a runaway why can't we call district
Mr. Garcia – we have our link page. 211 informational goes into United Way to provide this type of information. Sounds like you need to call the hospital etc.
Community Member: a lot of parents don't want to go through all these forms. We need a sufficient and fast process.
Mr. Chavez: our police officers have people working waiting for calls. Our chief department is fast
Community Member: parents want a number that is fast to call and needs Spanish speaking assistances. Language, technology and form barriers.
Family Service- a lot of kids didn't have access to technology online. We need to get another communication because a lot of grandparents are raising their grandchildren.
Community Member: When students need assistance do we notify social workers?
Mr. Garcia – Our emotional counselors will touch base with agencies and resources.
- Community resources, staff development and training.
Emma Frey has a place to set up
Family Services: we also go to student homes as well. We have our HIPPA and protect the student and families.
- Grief Support – provide one on one and group counseling
- Family Support (Family Services)
- RISE Recovery – they do substance abuse.
- Clarity – provide counselors services, healing young minds and hearts.
- SACADA -San Antonio Council on Alcohol and Drug Awareness -great partners with us
- Communities In Schools – Memorial and Kennedy campuses. Trying to work them into other campuses as well. Assistances for tutoring, mentoring, college assistances to help them fill out college forms.
- TCMHCC -Texas Child Health Access Through Telemedicine (TCHAT) -provides in school behavioral telehealth care to at risk children.

CM: is this offer to middle school students? Kids in middle school are going through some hard times and I think we need these programs in middle school.

- District Resources and Support- Resources
 - a. Kyms Kupboard
 - b. Loads of Love
 - c. Lilies Legacy
 - d. Threads
 - e. Zapatos

- Social Emotional Learning – helping our students and staff.
 - Self-awareness
 - Responsible decision making
 - Relationship skills
 - Social awareness
 - Self-management
 - Community Member: is there group counseling?
 - Mr. Garcia – yes, it does exist. Depending on size of the campus.
 - Community Member- how many times do students do this in a year
 - Mr. Garcia: some through it during library time and other section times.
 - Community Member: teachers work in a group, but some have those students that distract the class.
 - Mr. Garcia: teachers do a circle time to talk with the students. How we target certain things from students.
- Character Education -lessons of focus on building on 6 pillars, trustworthy, respect, responsibility, fairness, caring and citizenship.
- We HELP without exception.
- Q&A with directors upcoming in January
- Why we do it (Counseling) for our students. Parents help their students to succeed.

DELIVERABLE:

[FFEA \(LEGAL\)](#) - Counseling and Mental Health: Counseling
[FFEB \(LEGAL\)](#) - Counseling and Mental Health: Mental Health

C. Physical Fitness Assessment	15 minutes	Purpose: To share the requirements of the Physical Fitness Assessment Initiative (PFAI)
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Notes:

State law requires school districts to annually assess the physical fitness of students enrolled in grade three or higher and to provide the results of individual student performance on the administered physical fitness assessments to the Texas Education Agency (TEA). The Physical Fitness Assessment Initiative (PFAI) is a program designed to collect and analyze the required student physical fitness data.

In accordance with [Texas Education Code §§38.101- 38.104](#), the TEA is required to complete the following objectives:

1. Adopt an assessment instrument to be used by all Texas public school districts
2. Compile the results of the physical fitness assessment captured by school districts and provide summary results
3. Analyze the results received for each school district to determine whether a relationship exists between student academic achievement levels, attendance levels, obesity, student discipline problems, and school meal programs.

DELIVERABLE:

[FFAA \(LEGAL\)](#) - Wellness and Health Services: Physical Examinations
[FFAA \(LOCAL\)](#) - Wellness and Health Services: Physical Examinations

D. Bienestar – Coordinated Health Program	10 minutes	Purpose: To review the Bienestar Coordinated Health Program curriculum for grades K-8.
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Notes:

<https://sahrc.org/childrens-programs/>

The agency is required by law to make available to each school district one or more coordinated health programs. Each program is designed to prevent obesity, cardiovascular disease, and Type 2 diabetes in elementary school, middle school, and junior high school students. Each program must coordinate health education, including oral health education, physical education and physical activity, nutrition services, and parental involvement.

Coordinated Health Programs - EHAA (LEGAL)

TEA shall make available to each district one or more coordinated health programs in elementary, middle, and junior high school. Each program must provide for coordinating education and services related to:

1. Physical health education, including programs designed to prevent obesity, cardiovascular disease, oral diseases, and Type 2 diabetes and programs designed to promote the role of proper nutrition;
2. Mental health education, including education about mental health conditions, mental health well-being, skills to manage emotions, establishing and maintaining positive relationships, and responsible decision-making;
3. Substance abuse education, including education about alcohol abuse, prescription drug abuse, and abuse of other controlled substances;
4. Physical education and physical activity; and
5. Parental involvement.

Education Code 38.013; 19 TAC 102.1031(a)

A district shall participate in appropriate training to implement TEA's coordinated health program and shall implement the program in each elementary, middle, and junior high school in the district. *Education Code 38.014*

Coordinated school health programs that are developed by districts and that meet TEA criteria may be approved and made available as approved programs. Districts must use materials that are proven effective, such as TEA-approved textbooks or materials developed by nationally recognized and/or government-approved entities. *19 TAC 102.1031(c)*

DELIVERABLE:

[EHAA \(LEGAL\)](#) - Basic Instructional Program: Required Instruction (All Levels)

[EHAA \(LOCAL\)](#) - Basic Instructional Program: Required Instruction (All Levels)

E. Child Nutrition Services - Triennial Assessment Tool -	10 minute	Purpose: Share the Triennial Assessment Tool , a comprehensive assessment of the Local School Wellness Policy (LSWP).
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Notes:

According to the USDA Final Rule, Local Education Agencies (LEAs) must conduct a comprehensive assessment of the Local School Wellness Policy (LSWP) a minimum of once every three years, beginning no later than June 30, 2021. The Triennial Assessment requires LEAs to assess compliance with their LSWP and to make this assessment available to the public.

Updated in page 1003 –conducted by TEA. A finding in the district level. Finding being reviewed.

Child nutrition manual handout available. This will not affect us next year. Recommendation to get one (wellness policy) from another district.

Community Member: do you do assessment to a kindergarten?

Ms. Ruiz: we do what TEA complies

Mr. Chavez- we have Head Start, and they are strict.

Policies: need to modify to include certain aspects of that. Moving forward we want Ms. Ruiz to work with SHAC members. There's legal policy and local. Legal we cannot touch it. Local policy what we can add to it.

DELIVERABLE:

[FFA \(LEGAL\)](#) - Student Welfare: Wellness and Health Services

[FFA \(LOCAL\)](#) - Student Welfare: Wellness and Health Services

ADDITIONAL NOTES:

CQ-Safeline police dispatcher receiving it. It can be anonymous. We also offer an electronic format. Fill out form and goes straight to Police, Counseling and Guidance and Academics. They can be for many reasons such as no food, clothes....

Meeting Adjourned: 1:02pm

Next Meeting: February 15, 2023
District Conference Center
11:30 a.m. - 1:00 p.m.